

## THE GOOD NEWS



### A LETTER FROM FATHER BRIAN



Dear Ignatians ~

At St. Ignatius, we strive to offer a variety of **worship, formation, and outreach** opportunities – (with **fellowship** offerings temporarily on hold due to Covid-19).

The purpose of our programming is to involve and assist us in expressing and growing *spiritually* as members of our St. Ignatius Family.

Our individual *spiritual temperament* is the way we each personally relate to God best and most naturally. Our spiritual temperament influences *where* and *how* we best and most often sense God

speaking to us, refreshing us, and stirring our love for Him.

Better understanding our individual *spiritual temperament* might help assess what programming is effective and suggest other programming not yet tried. Recognizing our differences – with your feedback – may open up possibilities for a broader range of offerings.

We are not a *one size fits all* kind of congregation! Gary Thomas in “*Sacred Pathways*” identifies nine spiritual temperaments. There is no right or wrong temperament – they are all *God given* within our personalities. Brief descriptions of the nine spiritual temperaments might help us determine our natural, individual inclinations:

1. The **Naturalist**: Loving God out-of-doors. Finds a walk through the woods to be very conducive to prayer.
2. The **Sensate**: Loving God with the Senses. Wants to be lost in awe, beauty, and splendor of God.

3. The **Traditionalist**: Loving God through Ritual and Symbol. Likes structured worship with symbols and sacraments.
4. The **Ascetic**: Loving God in Solitude and Simplicity. Wants to be left alone in prayer.
5. The **Activist**: Loving God through Confrontation. Serves a God of justice, and church life recharges batteries.
6. The **Caregiver**: Loving God by Loving Others. Serves God by serving others.
7. The **Enthusiast**: Loving God with Mystery and Celebration. Wants to be inspired by joyful celebration.
8. The **Contemplative**: Loving God through Contemplation. Likes images of loving Father and approachable Savior.
9. The **Intellectual**: Loving God with the Mind. Drawn to explore basic issues in theology and church life.

Healthy congregations attract a variety of folks reflecting all of the above temperaments among themselves – discovering themselves to be a “congregation” of people with different temperaments. And while believers often find support from others of a kindred spirit – they can also come to understand, accept, and benefit from others of a different spirit.

While it is helpful for each of us to realize where our personal preferences lie, recognizing them can also help us to realize how we can reach beyond our personal comfort zone in order to “reach across the aisle” – reaching out to one another.

- So, what is the *spiritual temperament* that influences where and how you most often

sense God speaking to you? Which one or two best describe you?

- With your *spiritual temperament* in mind, what kind of **worship, formation, and outreach** programming would better draw your participation?
- How are your *spiritual temperaments* being served at Sunday and Wednesday **Worship**, and our 1st Sunday Vespers services? In **Formation** gatherings? Through our Parish **Outreach**, including our Re-Sale Shop? Through your personal committee involvements?
- How would a view toward “Diversity and Inclusivity” affect your “Vision for the Future of St. Ignatius”? (Questions currently discussed at our 1st and 4th Wednesday discussions at 6:45pm.)



We are members of a “congregation,” that is, a mix of people on a journey “together” – journeying both individually and communally. Here Jesus calls us to become the best possible version of ourselves, while he also calls us to be respectful and understanding companions as we journey with the masked persons 6 feet away from us! And it’s important to our mission that we offer you appropriate programming to assist you (and your temperament) in your *spiritua* growth.

~ Fr. Brian

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## SEPTEMBER OUTREACH SUMMARY



Our St. Ignatius' "God's Will Resale Store" is open every Wednesday thru Saturday. We help others who can't afford

to shop elsewhere with our wide selection of reasonably priced items. Many are just starting out or have suffered a set-back and need everything from furniture to clothing. We also assist Open Arms Ministry, the Sharing Center, Antioch Fire Department, Antioch Traveling Closet, and others as need and opportunity present themselves.

On the parish side, our September outreach included Commemorating 9/11 with the tolling of bells and memorial prayers, collecting wish list items and gift cards for A Safe Place, and our annual Pet Blessing this weekend.

Outreach is an expression of our discipleship, and outreach is central to our mission.

May the stream of our breath in the cool air  
remind us that it is you  
who give us the breath of life.

May the harvest from the fields  
remind us of the abundance we have been given  
and the bounty we are to share with others.

May the dying of summer's spirit  
remind us of your great promise  
that death is temporary and life with you  
eternal.

We praise you for your goodness  
for ever and ever. Amen!

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## WHEN I WAS TWENTY



Something sparked my mind into recalling my life as I transitioned from my teens and into my twenties. Now bare in mind that was some sixty years ago, so, my view of the past may be a bit different than reality. Time has a way of reshaping memories into something less than factual. But here is how I see it viewed through the lens of time.

Aha! A new adventure began with my leaving home and moving nearly one-thousand miles from home. Why? To see what the "West" was like and to attend university in Fort Collins,

Colorado. I'm not sure which of the two was more important, but both seemed necessary!

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## Prayer for the Changing of the Seasons



O God of Creation,  
you have blessed us  
with the changing of the seasons.

As we welcome the autumn months,  
may the earlier setting of the sun  
remind us to take time to rest.

May the brilliant colors of the leaves  
remind us of the wonder of your creation.

At any rate, with no car, no job, and little money off I went with much faith and two friends to conquer our “Western” frontiers. ‘LG’, Life was Great!

What prompted these thoughts of decades ago was the realization that St. Ignatius is moving into her twentieth year at our “new” E 500 Depot Street location. This December twenty-fourth will begin her transition from her teens and into her twenties, a time of celebration for a new decade and a time for sober reflection. I say a sober reflection because I must relay to you a serious condition that has developed with our church facility.

One of the first signs a person displays as the aging process take place is through the eyes, the puffiness, droopy eye lids, wrinkles at corners. The eyes through which our Sunday School and offices view the world are their casement windows. Sadly, it is here that our facility is showing severe signs of aging.

From all outward appearances, everything looks fine, until one opens or tries to open one of the casement windows. There along the bottom and sides of the window sash is aggressive wood rot taking place. Many of the windows are in such a poor condition that screws hold the operating mechanism in place have pulled loose as there is no wood to secure them in place. On other windows, large portions of the sash bottom have completely rotted away.

Currently, bids are being solicited for replacing all of the casement windows.

So...stay tuned. The saga of the rotting casement windows continues.

Roger -Buildings & Grounds



## UPCOMING EVENTS

### “Kids for Kids ~ Treasures & Treats”

### Food Drive

Saturday October 31<sup>st</sup> from 2:30-3:30pm



St. Ignatius will sponsor a donation drive-thru Halloween event in our parking lot on Halloween. Here is how it works. Vehicles with trick-or-treaters donate kid friendly food. The food will be counted and placed in a pirate treasure chest. The vehicles will then proceed to 5 stopping stations. At each station a costumed St. Ignatius volunteer will distribute a pre-packaged treat to each child rider. The purpose of the drive-thru “Treasures and Treats” outreach event is two-fold:

(cont’d)

1. To collect “kid friendly” food for PADS (Providing Advocacy, Dignity & Shelter). PADS is currently serving many families with children who are living in situations where there is no access to refrigeration or stoves.
2. To provide a safe and fun Halloween “Trick or Treat” event for our local community.

### **How can you help at the event?**

Dress in costume and distribute treats. Call office to sign up (847) 395-0652  
 Help direct cars through the event. Call office to sign up (847) 395-0652

### **How can you help prior to the event?**

Donate items for the treat bags: juice boxes, snack size candy, small bags of chips, popcorn, pretzels... Assemble the treat bags on Thursday, October 22.  
 Donate “kid friendly” food

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## **SEPTEMBER DONATION DRIVE RESULTS!**

THANK YOU to all who donated items for the Tri-Parish donation drive for A Safe Place. St. Ignatius collected 307 items and \$310 in gift cards. The Tri-Parish totals were 882 items and \$325 in gift cards. *Special thanks* to Meg, Robyn and Chris George who created our donation drive posters and Linda, Mandi, Katelynn and Johnny Mizwicki, Fr. Brian and Terry all who manned the donation collection site at St. Ignatius.

## **WORSHIP WITH US**

Thank you to all members who have joined services throughout these challenging times whether via in person or zoom.

Outside of the weekly email from Father Brain, you can always find the current service information on our website.

Also don't forget to email any prayer requests to [saintignatiusofantiochil@gmail.com](mailto:saintignatiusofantiochil@gmail.com) , or on our website in “join our prayer list”, so that we can be sure to include them in our weekly updates.

-Jenn



As most of you know, Dave and Faye Nash have moved to a life of semi-retirement on the Lake of Egypt in Marion, IL. While Kathy is now stepping into the volunteer treasurer position (money out-go), we are still in need of a volunteer assistance treasurer (money in-come) -- this to assure proper "checks and balances."

Also, another alternating volunteer for the weekly counting of money is needed.

If you are willing to assist the congregation with either of these needs, contact Fr. Brian to discuss the details.

Thank you!

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## FLU VACCINE SIGN-UP

In our Tri-Parish partnership with Antioch United Methodist Church and St. Stephen's Lutheran Church we would like to share the following: Antioch United Methodist Church, in conjunction with Walgreens, will be hosting a Flu Vaccine Clinic on Friday, October 30th from 10am to 12 noon at UMC. There must be at least 25 people signed up by October 16th for the event to remain scheduled. If you are interested in signing up for a flu vaccine on October 30th, please contact Carol at (630) 399-0089.

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## PUMPKIN BANANA BREAD

by MAKINZE GORE

### INGREDIENTS :

Cooking spray

2 c.  
all-purpose flour

1 tsp.  
ground cinnamon

1 tsp.  
kosher salt

1 tsp.  
baking soda

1/2 tsp.  
baking powder

1/2 tsp.  
ground ginger



3/4 c. brown sugar

1 large egg

1 tsp. pure vanilla  
extract

1 c. pumpkin puree

1 c. mashed bananas

4 tbsp.  
butter, melted

pumpkin seeds

### DIRECTIONS:

Preheat oven to 350° and grease a loaf pan with cooking spray. In a large bowl, whisk together flour, cinnamon, salt, baking soda, baking powder, and ginger.

1. In another large bowl, whisk together melted butter, sugar, egg, and vanilla. Add pumpkin puree and mashed bananas and whisk until combined. Add dry ingredients and mix until just combined.
2. Pour batter into prepared loaf pan and top with pumpkin seeds. Bake until a toothpick inserted in the middle comes out clean, 1 hour to 1 hour and 10 minutes. Let cool before slicing.

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## COMEDY CORNER



**-Why did God create man before woman?**

-Because he didn't want any advice on how to do it.

**-You know you're an Episcopalian when you hear something really funny during the sermon and smile as loudly as you can.**

**- How do you make Holy Water?**

-You boil the "Hell" out of it.

**A cheerful heart is good medicine.**

**Proverbs 17:22**

